

## **BREADS**

(ALL BREADS ARE DAIRY-FREE)

### **PEASANT BREAD**

BOULE	\$3.00
BAGUETTE	\$3.00
HERB-GARLIC	\$4.75
GREEK OLIVE <i>OR</i> RED PEPPER	
MINI-BAGUETTES	\$1.00
ROLLS	\$ .55

### **FOCACCIA**

MINI	\$2.00
8 INCH ROUNDS	\$4.75
1/2 SHEET (14" x 17")	\$25.00

~FOCACCIA VARIETIES~(All with garlic and sesame seeds)

MARGHARITA~ Tomato, basil, garlic

PROVENCALE~ Roasted eggplant, roasted onions, herbes de provence

MEDITERRANEAN~Greek olives, roasted sweet peppers, rosemary

CLASSIC~ Marinated artichoke hearts, roasted sweet peppers, Greek olives, scallions, oregano

CARCIOFI~ Marinated artichoke hearts, roasted sweet peppers, scallions, basil paste.

TEL AVIV~ Fresh tomato slices, Greek olives, marjoram with charnushka (Kezah or Kalonji)

WORKS~All of the above

## **BREAKFAST ITEMS**

### **TRADITIONAL ITEMS**

BUTTERMILK SCONE	\$2.00
DAILY MUFFIN	\$1.25
STICKY BUNS	\$2.50
TEACAKE	\$3.75
APPLE SWEET BREAD/CRADLE	\$3.25
DANISH TRAY	\$6.75
SF/WF/DF-PUMPKIN MUFFIN	\$2.00

### **EGG SANDWICHES**

1 EGG ON PEASANT ROLL	\$3 + TX
2 EGG ON MINI BAGUETTE	\$4.50+TX
3 EGG ON MINI FOCACCIA	\$5.50+TX

ALL BREADS ARE TOASTED & BUTTERED WITH KOSHER SALT &

FRESHLY GROUND BLACK PEPPER.

EXTRA-SHARP CHEDDAR OR IMPORTED

SWISS CHEESE AND EITHER DIJON  
MUSTARD (OUR SPECIALITY) OR KETCHUP  
IF EGG WHITES ARE PREFERRED, ADD \$.95

## **LUNCH MENU**

### **SANDWICHES**

#### ***STEP 1: CHOICE OF ONE:***

- ◆ FRESH GOAT CHEESE
- ◆ EXTRA-SHARP CHEDDAR
- ◆ IMPORTED SWISS CHEESE
- ◆ PLAIN TUNAFISH (IN WATER)
- ◆ VEGAN HOUSE SPECIAL

~ASK FORTHE HOUSE SPECIAL AND TRUST US!! ~

#### ***STEP 2: CHOOSE CONDIMENTS***

- BUTTER
- EXTRA-VIRGIN OLIVE OIL
- DIJON MUSTARD
- BASIL PASTE (VEGAN)
- OLIVE PASTE (VEGAN)
- SUN-DRIED TOMATO SPREAD (VEGAN)
- ROASTED SWEET RED PEPPERS
- BABY GREENS (USUALLY ORGANIC)
- SLICED RED ONIONS
- ANCHOVIES (ADD .50 TO \$2)

#### ***STEP 3: CHOOSE TYPE/SIZE BREAD:***

- ✓ PEASANT ROLL \$3.50+ tx
- ✓ MINI-BAGUETTE \$4.50 "
- ✓ MINI-FOCACCIA \$5.50 "
- ✓ FOCACCIA \$10.00 "
- ✓ PEASANT BAGUETTE \$11.00 "
- ✓ HERB-GARLIC BREAD \$13.00 "

### **SOUPS**

VEGAN AND VEGETARIAN SOUPS \$4.50 /tx

#### **EXAMPLES:**

BEANIE LEEKIE  
CARROT LENTIL  
ROASTED SQUASH BARLEY

#### **OPTIONS DURING WARM MONTHS:**

#### **EXAMPLES:**

GRAIN SALADS, BEAN SALADS, RICE  
NOODLE SALADS, GREEN SALADS

FRUIT SALADS  
PANZANELLA PLUS OTHERS

## **ANYTIME TREATS**

BROWNIE FUDGE CAKE	\$2.50
VEGAN CHOCOLATE CAKES	\$1.75
LEMON VELVET CAKES	\$7.25
BITES	\$1.25
LEMON-POPPYSEED CAKE	\$7.25
BITES	\$1.25
<b>COOKIES</b>	
RANGER (DF)	\$1.00
PEANUT BUTTER (WF)	\$1.00
CHOCOLATE CRUNCH	\$1.00
OATMEAL-RAISIN	\$1.00
GINGER-SNAP (DF), MERINGUES, BREMEN ALMOND WAFERS, SPELT SHORTBREAD.	5/\$1.00

## **BEVERAGES**

### **HOT**

FRESHLY ROASTED COFFEE	\$1/1.25/\$1.75
REGULAR OR DECAF (FROM A LOCAL ROASTER)	
TEA (MANY CHOICES--	\$1/1.25/\$1.75
CAFE AU LAIT	\$3.25 "
1/2 STEAMED MILK, 1/2 COFFEE	
CAFFE CIOCOLATTE	\$3.50 "
1/2 HOT CHOCOLATE, 1/2 COFFEE	
BELGIAN HOT CHOCOLATE	\$4.00"
MADE W/GANACHE, NOT POWDER!!	
HOT MULLED CIDER (SEASONAL)	\$2.25

### **COLD**

ICED COFFEE (SEASONAL)	\$2.00
REGULAR OR DECAF	
ICED HERB TEAS	\$2.00
REAL LEMONY LEMONADE	\$2.25
PELLEGRINO	\$4.00/tx
NANTUCKET NECTARS	\$1.50
ASSORTED BOTTLED WATERS & JUICES	

## **DESSERTS**

It is recommended to call and reserve or order cakes 48 hours in advance for best selection.

### **LEMON CURD TARTE**

crisp pastry shell with intense lemon filling

**RUSTIC FRUIT TARTE**

puff pastry, frangipane (almond cream),  
sliced seasonal fresh fruit baked in

**BELGIAN CHOCOLATE TORTE**

dense extra-bittersweet Belgian chocolate  
brownie-like cake covered with ganache

**CHOCOLATE TRUFFLE TORTE**

decadent ultra-rich bittersweet Belgian  
chocolate cake covered with ganache

**DEVILS FOOD CAKE**

all chocolate sour cream, brown sugar  
butter layer cake with ganache filling/icing

**VANILLA-RASPBERRY POUND CAKE**

buttery cake sandwiched with raspberry jam  
iced with vanilla buttercream

**LEMON MOUSSE CAKE**

lightest lemon sponge cake layered with  
lemon mousse iced with whipped cream

**STRAWBERRY SHORTCAKE**

(SEASONAL) (also pear, peach or mix your  
favorite berries) lightest vanilla sponge cake layered  
w/fresh sliced strawberries/whipped cream

**ALMOND-PEAR CAKE**

dense almond butter cake filled w/sliced  
pears and vanilla buttercream.

**MOCHA-ALMOND TORTE**

chewy almond cake layered, iced with coffee  
buttercream & toasted almonds/coffee beans

**CARROT CAKE**

spiced carrot cake filled/iced with smooth,  
silky cream cheese icing

**HAZELNUT-GANACHE CAKE**

hazelnut merinque cake layered with  
Belgian chocolate ganache and icing

**ASK US TO MAKE SOMETHING ELSE, TOO!**

**ALTERNATIVE CAKES**

**SF VEGAN CHOCOLATE RASPBERRY**

light cocoa cake layered with sugar-free  
raspberry jam and covered with crumbs

**SUGAR-FREE PUMPKIN SPICE CAKE**

**WHEAT-FREE CAKES**

**DAIRY-FREE CAKES**

**GLUTEN-FREE CAKES AND MORE!**

**The Alternative Baker Promises:**

- We do not use any bleached or bromated flours.
- We use only non-aluminum baking powder.
- All items are scratch-baked.
- We use local products and organics whenever possible and available.
- Freshness is guaranteed.
- Your health and happiness are our greatest rewards.

**Key:**

**GF:** Made without any gluten and no cross-contamination. Good for celiacs.

**WF:** Made without wheat. We substitute organic white spelt--contains gluten.

**DF:** Made without casein or dairy products from any animal's milk.

**EF:** Egg-free.

**SF:** Made without using sugar. We use a natural fruit syrup made from pears, peaches and pineapples.

**CF:** Cholesterol-Free.

**VGN:** Vegan. Contains no product derived from an animal. 100% plant-based food.

**Prices are subject to change without notice.**

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*Since 1995*

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**Where Taste is Everything!!!**